



Fresh Herb	Use with:
Basil, Cinnamon	Beans, legume, salads, stir fried vegetables
Basil, Sweet	Any food, pesto, salads, tomatoes
Catnip	Eggs, pork, salads, soups, tea
Chives	Salads, sauce, soup
Cilantro	Dips, pastes, salads, salsa, stir fry dishes
Dill	Bread, dips, fish, pickles, potatoes, rice, sauce, seafood, soups, zucchini
Epazote	Beans, salsa, soups, stews
Fennel	Breads, fish, salads, soups
Lemon Balm	Fish, marinates, poultry, salads, sauces, stuffing, tea
Lovage	Casseroles, poultry, soups, stews, vegetables
Oregano	Fish, pasta sauces, pizza, salads, vegetables
Parsley	Fish, garnish, lentils, salads, sauces, soups, tomatoes
Purslane	Cucumber, fava beans, new potatoes, salads, yogurt
Sage	Breads, cheese, dressing, herb butters, poultry, sausages
Sorrel	Butters, sandwiches, salads, sauces, seafood, soup
Spearmint	Chicken, drinks, fish, marinate, pork, sweets, vegetables, yogurt
Summer Savory	Beans, long cooked meats, salt replacement to dishes, vegetables
Sweet Marjoram	Eggs, cheese, sauces
Tarragon	Eggs, fish, herb vinegar, poultry, vegetables

Thyme	Beef, casseroles, poultry, stews
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